

# Year 2 Animals including Humans (keeping healthy) (Biology)



## Prior and future learning

Prior Knowledge	What's next?
<ul style="list-style-type: none"> <li>I can name a range of animals which includes animals from each of the vertebrate groups.</li> <li>I can describe the key features of these named animals and label key features on a picture/diagram.</li> <li>I can write descriptively about an animal.</li> <li>I can label parts of the body on pictures and diagrams.</li> <li>I can explore objects using different senses.</li> </ul>	<ul style="list-style-type: none"> <li>I can name the nutrients found in food.</li> <li>I can identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat.</li> <li>I can identify and classify some bones in the skeleton.</li> <li>I can describe the function of the skeleton in the bodies of humans and some other animals.</li> <li>I can explain how muscles and joints help us move.</li> <li>I can state that to be healthy we need to eat the right types of food to give us the correct amount of these nutrients.</li> </ul>

## Track your learning

How I will show what I have learned	☹️	😐	😊
I can find out about and describe the basic needs of animals, including humans, for survival (water, food and air).			
I can describe the importance for humans of exercise and eating the right amounts of different types of food.			
I can describe how good hygiene is important for preventing infections and illnesses.			

Key knowledge I need to understand
<ul style="list-style-type: none"> <li>All animals, including humans, have the basic needs of feeding, drinking and breathing that must be satisfied in order to survive.</li> <li>To grow into healthy adults, they also need the right amounts and types of food and exercise.</li> <li>Good hygiene is also important in preventing infections and illnesses</li> </ul>



**Possible texts to read:**  
Handa's surprise – Eileen Brown



**Scientist:** Florence Nightingale  
(Nurse and founder of modern nursing)



**Working scientifically assessment:**  
Investigate washing hands, using glitter gel.

### Link to maths curriculum:

Measurement:

- Comparing the average height of humans at different ages. (*Compare and order lengths*).

**Key Vocabulary I need to know**

Balanced diet	a variety of food that you regularly eat.
bones	the hard parts inside your body which form your <b>skeleton</b> .
disease	an illness which affects people, animals, or plants.
exercise	When you <b>exercise</b> , you move your body energetically in order to get fit and to remain <b>healthy</b> .
healthy	well and not suffering from any illness.
hygiene	keeping yourself and your surroundings clean, especially in order to prevent illness or the spread of diseases.
medicine	the treatment of illness and injuries by doctors and nurses.
muscles	something inside your body which connects two bones and which you use when you make a movement.